

K*PAX

presents

*Back by
popular
demand!*

Preventing Premature Aging While Living with HIV

State-of-the-art information on the best ways to prevent premature aging:



- Healthy ways to avoid early heart attacks
- Avoiding early osteoporosis and fractures
- Five ways to keep your digestive system healthy
- Reducing inflammation and immune activation

presented by

Jon D. Kaiser, M.D.

Immune Specialist & Faculty Member
UCSF Medical School San Francisco

Author of *Immune Power* and *Healing HIV*

free dinner

Thursday, October 20th, 2011

Dinner: 5:30 pm - 6:00 pm

Presentation: 6:00 pm - 8:00 pm

San Francisco LGBT Community Center

1800 Market Street (Ceremonial Room)
San Francisco, CA

*Free Community Lecture. Come early.
No reserved seating. Questions? 1-877-777-5729*